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# The No-Calorie Guide to Gifts for Chocoholics

by Madelyn Miller

## Love Chocolate But Loathe The Aftermath?

Just around the corner, men and women are scurrying to find the perfect gift. Whether you desire to commemorate the occasion with a romantic opportunity to show your mother, daughter or friend that you care... Why not a calorie-free treat that compliments a favorite bottle of champagne, decadent keepsake? When it comes to pleasure, there is nothing like the indulgence with the tantalizing ingredients found in Sweet Beauty's Love Potion: the Rose Petal Body Scrub for Valentine's Day.

Chocolate & Rose Petals Offers A Calorie Free, Organic Alternative To Indulgence

Chocolate has many mood enhancing properties that have historically surrounded chocolate's reputation as the food of love. Chocolate contains compounds known to stimulate the release of dopamine in the brain. The release of dopamine can excite our pleasure centers, giving us a feeling of Euphoria that increases the heart rate similar to that of a person in love.

Sweet Beauty's line of gourmet skincare products inspired by and created from one of the most pleasures in the world – chocolate. Just mentioning the rich cocoa blend brings to thoughts of decadence and relaxation. When it comes to indulgence, there is nothing like the revitalizing lift you get with Sweet Beauty's sumptuous chocolate bath treatments.

Experience the luxury of chocolate without adding an ounce to your hips. Chocolate's benefits are attributed to skin softening properties that are great for moisturizing skin. Sweet Beauty's chocolate bath treats are specially formulated with these essential ingredients that contribute to healthy skin. Each formulation contains natural organic chocolate and contains humectants that permeate the skin to lock in moisture.

For a calorie-free treat, Sweet Beauty offers chocolate to be enjoyed by all pamper-seeking palettes. Visit [www.sweetbeauty.com](http://www.sweetbeauty.com)



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## Chocolate Truffle Tea Collection

Chocolate truffle flavors that add up to NO calories. Mighty Leaf Tea has made that a reality with their Chocolate Truffle Tea Collection. The collection features rich tea leaves for a multi-sensory indulgence. Since ancient times, whole leaf tea and artisan chocolates have been a match made in heaven. Try Mighty Leaf's chocolate truffle teas. The set contains three flavors: Raspberry Truffle, Mocha Pu-Erh Truffle, Pear Cardamom Truffle.

Visit [www.mightyleaf.com/](http://www.mightyleaf.com)

## Pure Cocoa Collect

Chocolate: The Perfect Option for Chocoholics!  
Chocolate is something we've dreamed about – a treat with a reputation that comes with each bite of the rich, indulgent. In recent years, chocolate has become a sweet reserved on the shelves of gourmet stores.

At Sweet Beauty, our philosophy of liquid indulgence is to the beauty of chocolate. Sweet Beauty has developed a line of liquid chocolates that are made – the way nature intended. Each is an all-natural, organic, pure cocoa extract. A visit to [www.pureinventions.com](http://www.pureinventions.com)



For your water (plain or flavored) to contain the benefits of chocolate, it must be made with high-quality cocoa.

milk, yogurt or fruit. Pure Inventions Pure Cocoa antioxidant extracts contain the highest amounts of chocolate antioxidants, including polyphenols associated with optimal cardiovascular health. Recent studies show that cocoa may help promote healthy skin structure. Pure Cocoa is a delicious, comforting, diet-friendly drink any time of the year!

Available in three mouth watering flavors:

Chocolate Cocoa – Rich and delicious

Mint Cocoa – Refreshing and crisp

Vanilla Cocoa – Light and sweet

Pure Cocoa collection is all-natural, fully-standardized and free of calories, caffeine, sugar, artificial sweeteners, dairy products, and contains Lo Han fruit in each formulation as a natural sweetener. Excellent for digestion, Lo Han enhances the flavors of each extract within the product. A healthy, caffeine-free alternative to all the sugary beverages on the market today, Pure Inventions is suitable for all ages and is not only approved for diabetics, but is also great for those who are lactose intolerant or have allergies to dairy products. The delicious drops away – just add water! (One serving = 2 droppers full to 8oz of water)

Price: \$ 34.95 (individual 2oz. bottles) / \$50.00 (kit of 1oz. bottles)

Pure Inventions is available nationwide at Bliss stores, select spas nationwide or at <http://www.pureinventions.com/>

## **Chocomint Drink**

This is a product that grows on you. I almost spit out my first swig because it tasted so much like mouthwash. And I had been expecting it to be like that. Minutes later I realized, my mouth felt all minty and tingly--like I had rinsed with mouthwash--only the refreshing taste lasted even longer. If you think of this as the best tasting mouthwash you ever tried you will love it. And people will love kissing you.

Imagine being skinny and minty at the same time.

Madelyn Miller is a travel and food writer whose favorite flavor is chocolate. She thinks discovering chocolate products that have the potential to be a jackpot. Read her stories on <http://www.travellady.com/>, <http://www.chocolatealtas.com/>, <http://www.cocktailatlas.com/>, <http://www.teaatlas.com/>, <http://www.carladynews.com/> and <http://www.yogayaya.com/>

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