



► Style :: Grooming

[✉ Email](#)

[🖨 Print](#)

[👍 DIGG this](#)

[📖 Del.icio.us](#)

[↑](#) [↓](#) [T](#)

Yummy Body Scrubs Good Enough to Eat

by Rebecca Hansen
EDGE Boston Contributor
Friday Dec 21, 2007

There are two approaches to the cold days of winter and the madness of the holiday season. As temperatures drop and the shopping malls fill with hoards of eager shoppers, some of us opt for denial; we book Caribbean vacations, hit the tanning beds, and pray that spring will arrive early this year. Then there are those of us who embrace the winter holidays to the fullest, stocking up on hot cocoa, writing dozens of holiday cards, snuggling happily under layer upon layer of blankets to fight off the winter chill.



Hot Chocolate

For those of you who relish days on the slopes and cozy nights by the fire, the **Candy Cane White Chocolate Scrub** (\$17) from Sweet Beauty Organic Chocolate Spa Treatments is made from the best sweet treats of winter. In addition to cocoa butter and essential oils of peppermint and vanilla, there are actual peppermint candies crushed right into the scrub! If you open the jar and close your eyes, you'll think you've just unwrapped a peppermint stick. The

Candy Cane scrub is more dense than the Verbena, which results in a more intense exfoliating experience. And, although it appears dry in the jar, the essential oils leave you feeling smooth and silky, even as you scrub down to that fresh new layer of skin. When you're done, you'll smell so sweet and minty, you just might want to dip yourself in a warm cup of hot chocolate.

www.sweetbeautyspa.com